SALADS

COBB GF
seasoned chicken breast, applewood-smoked bacon, avocado, hard-boiled egg & crumbly blue cheese served over mixed greens with red wine vinaigrette
whole $9.25

SUN-DRIED GF VG NUT
served over mixed greens with balsamic vinaigrette
whole $8.95
1/2 salad $6.95

GARDEN VG
red pepper, cucumber, carrot, alfalfa sprouts, tomato, red onion & croutons served over mixed greens with balsamic vinaigrette
whole $6.95
1/2 salad $4.95

CAESAR VG
seasoned chicken breast, croutons & shredded parmesan served over romaine with caesar dressing
whole $6.50
1/2 salad $4.50

CHICKEN CAESAR
seasoned chicken breast, croutons & shredded parmesan served over romaine with caesar dressing
whole $7.75
1/2 salad $5.75

GREEK GF
seasoned chicken breast, cucumber, tomato, kalamata olives, red onion, feta & banana peppers served over romaine with greek vinaigrette
whole $8.95
1/2 salad $6.95

BLT
applewood-smoked bacon, seasoned chicken breast, tomato, shredded cheddar & croutons served over romaine with ranch dressing
whole $8.75
1/2 salad $6.75

DELICIOUS DRESSINGS

ALL OF OUR DRESSINGS ARE MADE FROM SCRATCH

CAFE MENU

DELICIOUS DRESSINGS

ALL OF OUR DRESSINGS ARE MADE FROM SCRATCH

CAESAR SALADS

COBB GF
seasoned chicken breast, applewood-smoked bacon, avocado, hard-boiled egg & crumbly blue cheese served over mixed greens with red wine vinaigrette
whole $9.25

SUN-DRIED GF VG NUT
caramelized walnuts, dried cranberries & goat cheese served over mixed greens with balsamic vinaigrette
whole $8.95
1/2 salad $6.95

GARDEN VG
red pepper, cucumber, carrot, alfalfa sprouts, tomato, red onion & croutons served over mixed greens with balsamic vinaigrette
whole $6.95
1/2 salad $4.95

CAESAR VG
seasoned chicken breast, croutons & shredded parmesan served over romaine with caesar dressing
whole $6.50
1/2 salad $4.50

CHICKEN CAESAR
seasoned chicken breast, croutons & shredded parmesan served over romaine with caesar dressing
whole $7.75
1/2 salad $5.75

GREEK GF
seasoned chicken breast, cucumber, tomato, kalamata olives, red onion, feta & banana peppers served over romaine with greek vinaigrette
whole $8.95
1/2 salad $6.95

BLT
applewood-smoked bacon, seasoned chicken breast, tomato, shredded cheddar & croutons served over romaine with ranch dressing
whole $8.75
1/2 salad $6.75

YOUR CHOICE OF BREAD
white, wheat or rye

TOPPINGS
lettuce, tomato, red onion mayo or mustard

MEATS
turkey, ham, salami, capocollo, jerk chicken [roast beef: add $0.50]

CHEESES
american, provolone, swiss, smoked gouda, pepperjack or white cheddar

COMBOS
$7.95
[INCLUDES A CAN OF SODA]

1/2 DELI SANDWICH + SOUP
OR
1/2 DELI SANDWICH + 1/2 GARDEN
or CAESAR SALAD
OR
SOUP + 1/2 GARDEN or CAESAR SALAD

WE PROUDLY SERVE
BOAR'S HEAD & BATTISTONI
PREMIUM DELI MEAT

WE OFFER CORPORATE CATERING SERVICES
ORDER BREAKFAST & LUNCH PLATTERS FOR YOUR NEXT MEETING OR EVENT
CALL 832.0475 EXT. 101 TO PLACE YOUR CATERING ORDER

THELUNCHBOXBUFFALO.COM
BREAKFAST
[ served until 11:30am ]

EGG & CHEESE ON AN ENGLISH MUFFIN  $3.25
EGG & CHEESE WITH YOUR CHOICE OF BACON, HAM OR SAUSAGE ON AN ENGLISH MUFFIN  $4.25
[ GET IT ON A BAGEL FOR AN ADDITIONAL $0.75 ]
BAGEL WITH BUTTER  $2.25
BAGEL WITH CREAM CHEESE  $2.95
BREAKFAST BURRITO  $5.25
[ SAUSAGE, EGG, CHEESE & SHREDDED POTATO ]
BREAKFAST BURRITO - VEGETARIAN  $4.50
[ FRESH SPINACH, EGG, CHEESE & SHREDDED POTATO ]
FRESH FRUIT SALAD  $3.95
YOGURT PARFAIT  $4.50

SPECIALTY SANDWICHES

CHIPOTLE TURKEY
turkey, white cheddar, tomato, red onion & mixed greens with chipotle bacon mayo served on a baguette  $8.50

TURKEY AVOCADO WRAP
turkey, white cheddar, avocado, roasted red pepper, alfalfa sprouts & mixed greens dressed with red wine vinaigrette in a wheat wrap  $8.25

SEASONED ROAST BEEF
roast beef, provolone, roasted red pepper, mixed greens & pesto mayo served on a baguette  $9.25

ROASTED CHICKEN CLUB
roasted deli chicken slices, applewood-smoked bacon, lettuce, tomato & mayo layered between 3 slices of toasted white, wheat or rye bread  $8.95

HAM & SMOKED GOUDA
ham, smoked gouda, green apple slices & mixed greens with whole grain mustard mayo served on multi-thin bread  $6.75

CLASSIC BLT
applewood-smoked bacon, romaine, tomato & mayo on toasted white, wheat or rye bread  $6.95

HUMMUS & VEGGIE WRAP  [VG]
house-made roasted garlic hummus with cucumber, red pepper, carrot, red onion, alfalfa sprouts, tomato & mixed greens with lemon-thyme vinaigrette served in a wheat wrap  $6.95

CAPRESE  [VG, NUT]
fresh mozzarella, tomato, mixed greens, balsamic vinaigrette & fresh basil pesto served on ciabatta  $7.50

AVOCADO CHEDDAR  [VG, NUT]
avocado, white cheddar, alfalfa sprouts, mixed greens & lemon-thyme vinaigrette served on ciabatta  $7.50

BUFFALO CHICKEN WRAP
seasoned chicken breast & romaine tossed with blue cheese & Franks hot sauce, served in a wheat wrap  $6.95

TUNA SALAD WRAP
with tomato, red onion & mixed greens served in a wheat wrap  $6.95

CHICKEN SALAD WRAP
house-made chicken breast salad with tomato, red onion & mixed greens served in a wheat wrap  $6.95

EGG SALAD WRAP  [VG]
with tomato, red onion & mixed greens served in a wheat wrap  $5.75

GREEK WRAP
seasoned chicken breast, cucumber, tomato, kalamata olives, red onion, feta & banana peppers with romaine & greek vinaigrette in a wheat wrap  $7.75

CHICKEN CAESAR WRAP
seasoned chicken breast & shredded parmesan with romaine & caesar dressing served in a wheat wrap  $6.95

GRILLED SANDWICHES

GRILLED TUNA MELT
tuna salad, american cheese & banana peppers served on white, wheat or rye bread  $7.75

GRILLED JERK CHICKEN
spicy deli jerk chicken, smoked gouda, onion marmalade, red pepper & whole grain mustard mayo grilled on flatbread  $7.95

ITALIAN GRILL
[ NUT]
capocollo, salami, provolone & banana peppers with sundried tomato pesto grilled on flatbread  $7.95

GRILLED CHIPOTLE TURKEY
[ NUT]
turkey, pepperjack, chipotle bacon mayo & red onion grilled on flatbread  $7.95

HAM & CHEESE FLATBREAD
ham & american cheese grilled on flatbread  $5.25

GRILLED CHEESE
[ VEG]
amERICAN CHEESE ON WHITE, WHEAT OR RYE BREAD  $4.25

HOUSE-MADE SOUP DAILY
MEAT: $4.75
VEG: $4.50

[ GLUTEN FREE bread available ]

VG vegetarian  NUT contains nuts  GF gluten free